

DEAR NATURE...

CELEBRATING ETERNAL BOND WITH NATURE
CELEBRATING AWARENESS AND ACTION

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WHY

The love for our mother nature and the will to strongly instill in each one of us an understanding on how and why it is important to reimagine, recreate, restore our bond with her is what brought a wonderful team of different age groups together to put forth their innovative ideas and integrate them into a 12 day festival this World environment day. It was the celebration of eternal bond with nature, the celebration of awareness and action.





WHAT

This 12-day celebration, a medium to reconnect with mother nature in many new ways comprised of 12 fun filled activities tailored to ignite in everyone the spark of love and care for nature. From growing microgreens to redesigning old clothes to giving us a sneak peek to their plant based secret recipes, people have shown their active participation by sending pictures and videos sharing their stories. Besides these activities were the sessions by the learned persons, who have taken up an initiative, persistently worked towards it and shared that their secret for reaching a position where they are able to inspire many others is their passion and most importantly their love for nature. Every day of the festival, was exciting as everyone got to learn something new from the environmentalists and conservationists from their experiences and challenges in their journey. Every one of them had inspired the nature lover in each of us in their own beautiful ways.

HOW

The articulation by the speakers was very deep and detailed yet lucid. The interactive zoom meetings conducted every day made it possible for everyone to rethink on how they can take an action keeping environmental preservation in mind. The live streaming of these sessions on social platforms like YouTube and Facebook widened the reach. The 12-day festival focused on various ways of achieving a sustainable lifestyle and celebrating our bond with nature from making a shift towards making more eco-friendly food choices or growing our own greens, minimizing the waste disposal, understanding the importance to conserve wildlife to of course becoming lovely plant parents. Complementing these valuable talks by the speakers were the fun activities planned for each day that became a way of action to reflect the participants understanding and love for nature and a fun way to bring out the creativity in them.

DAY 5

DEAR NATURE...

4:30 - 5:30 PM IST

<https://tinyurl.com/dearnature>

MODERATOR



Shrinidhi
Climate Activist
BKVCN

EXPERT



BK Jayanti
Director Brahma Kumaris
Europe & Middle East
BK Permanent Rep- UN, Geneva







What to reimagine, recreate and restore?

What you can do to make a difference by making your inside pure and peaceful?

Live interactive session with BK Jayanti, European Director, Brahma Kumaris and RJ Shrinidhi covers it all.

Live music for meditation for nature by Brother David



TAKE AWAYS

12-days! Not mere 12 days but 12 days of vacation to explore so many ways to connect with our beautiful mother nature and acquire so much knowledge about making the connection stronger than ever.... Here are the takeaways;

- Big things have small beginnings. So, it is important to understand that even though one starts with a small sapling, it is of paramount importance for it stands as the beginning of the magic an individual can create.
- Growing micro-greens is not just a way to fill your intake with nutrition but also a way through which you from start to the end can regulate what key ingredients; your thoughts you want to add to your food.
- It is important to love yourself first to bring about a change you want to see. So, when you want to live better, you eat better, you do better and most importantly make your choices for the better.
- One of the most beautiful ways to connect your body and mind with nature are yoga and meditation. It is the medium to reduce pollution in the environment by first cleansing your mind and body, the root cause to pollution.
- The ancient practices and ethics strongly associated with compassion and respect for nature are indeed the need of the moment in this fast growing, technology driven millennial world.

SPEAKERS



BK Jayanti
Additional Chief of Brahma Kumaris



Jayasimha Rathod
CEO of India One solar project



David Kilowsky
Artist and musician



Priyanka Patil
Satopradhan movement, Expert for
organic farming, biodiversity
conservation



Bhavesh Swami
Renewable energy expert, Climate reality leader



**Swami Prem Parivartan
(Peepal Baba)**
Environmentalist



Ratika Khandelwal
Founder of Rooted Global shapers, Jaipur



Kirti Sharma
3rd year MBBS student, Founder of KIRAAS; an initiative taken to make handmade vegan, toxic chemical free, organic daily use products.



Darshit
Member of wildlife and nature
conservation trust, Mehsana



Anju Chouhan
Forest guard, Pindwara



Rahul Sharma
Butterfly and birds conservation activist,
Jaipur



Gaurav Sharma
Entrepreneur, Climate reality leader, Co-
chair Youth for Sustainability India
Alliance