



Restoring Nature  
...It's Time

6<sup>th</sup> Nov-8<sup>th</sup> Nov

a brief  
**Report**



Restoring Nature  
...It's Time

6<sup>th</sup> Nov-8<sup>th</sup> Nov

# our Partners







# Our Team

Restoring Nature  
...It's Time

6<sup>th</sup> Nov-8<sup>th</sup> Nov



**Ujas Thakkar**  
IT analyst, TCS



**Rucha**  
Actor, PhD Fellow



**Jinesh Panchal**  
Dpt. Manager,  
Reliance Jio



**Arushi**  
RJ & Script writer



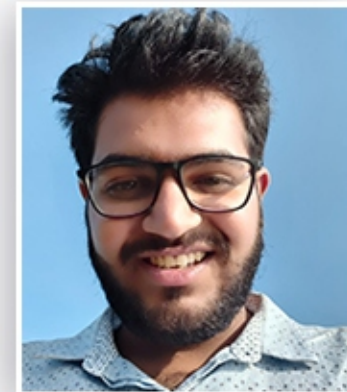
**Nidhi**  
Meditation Faculty



**Varun Jain**  
Sr Consultant IT, Deloitte



**Tania**  
Counsellor & Healer



**Taresh Yadav**  
Compositor-Vfx artist



**Deepa**  
Meditation Faculty



**Jeet Biswas**  
HOD IT,  
eRay Europa GmbH



**Krishna**  
Prod.Head,  
Radio Madhuban



**CA. Prafful Singi**  
(Sr Account Specialist)



**Rohit**  
Tech.Head,  
Radio Madhuban



**Shirnidhi**  
Dpt.Manager  
Global Hospital



**Shantanu**  
BK Youth Rep.  
UNEP MG CY, YOUNGO





## Restoring Nature ...It's Time

6<sup>th</sup> Nov-8<sup>th</sup> Nov

6:30 to 7:30 pm

10:00 to 10:45 am

10:45 to 10:55 am

10:55 to 12:00 noon

5:00 pm to 6:15 pm

6:20 pm to 7:00 pm

7:00 pm to 7:30 pm

10:00 to 10:45 am

10:50 to 12:15 am

5:00 pm to 6:15 pm

6:20 pm to 7:00 pm

7:00 pm to 7:30 pm

7:30 pm to 8:15 pm

### 6<sup>th</sup> Nov

Inaugural session: **Restoring Nature...It's time -what, why, how.**

**Mode: Panel Discussion**

### 7<sup>th</sup> Nov

Morning Inspirations: **Youngo and Climate action**

**Mode: Talk followed by Q&A**

Short presentation **Growing Sacred Forests-ECO SIKH**

Big Explorations:

**Exploring rights of people and rights of nature in present times.**

**Mode: Panel discussion**

Evening Action:

**Mode: Five Parallel Workshops**

Evening Chat: **Education & Restoration...Let's Explore**

**Mode: Meeting an Expert & QnA**

Evening Reflection: **Meditation for Earth**

**Mode: Guided Meditation**

### 8<sup>th</sup> Nov

Morning Inspirations:

**Building Community Resilience in face of Global crisis**

**Mode: Talk followed by Q&A**

Big Explorations: **Sustainability and Indian Craft**

**Mode: Panel discussion**

Evening Action:

**Mode: Five Parallel Workshops**

Evening Chat: **Consciousness and Climate Action...Call of time**

**Mode: Meeting an Expert & QnA**

Evening Reflection: **Meditation for Earth**

**Mode: Guided Meditation**

What Next: **Feedback and Future Prospects**

**Mode: Moderated Open Discussion**





## Restoring Nature ...It's Time

6<sup>th</sup> Nov

6:30 – 7:30 pm

# Restoring Nature...Its time

## What, Why, How?

Inaugral Session with



**Padma Shri  
Kartikeya Sarabhai**  
Founder CEE  
world's leading  
environmental educators



**BK Gayatri**  
Brahma Kumaris  
Representative  
UN, New York



**Smriti Rekha  
Adinarayanan**  
Co-Founder,  
Anaadi Foundation  
Mentor of Change  
ATAL Innovation Mission,  
NITI Aayog



**Archana Soreng**  
Member  
Youth Advisory Group  
Climate Change,  
by Secretary General,  
UN



**Juan Vazquez**  
NGO Youth Representative,  
Brahma Kumaris  
United Nations

The purpose of this evening was to understand the purpose of LCOY 2020. Shrinidhi (Anchor) requested every guests to introduce themselves and share their favourite animal and the reason for it. Juan shared his deep insight about how restoration and regeneration is a natural process. A homeopathic practitioner, Juan said even human body is always in direction of restoring and healing itself. Restoration begins by restoring ourselves to our true nature which is peace and love.

Smriti ji shared her wisdom saying restoration is about sustainable development wherein technology alternatives which least harm the nature should be found. In his video message, Mr. Sarabhai shared that restoring nature is about living in harmony with nature and respecting the life all other species. Motivating youths, he asks them to utilise their energy and talent in resolving climate crisis.

Archana said that the idea of restoration comes after the humble acceptance that we have deteriorated and degraded nature. Only after acceptance to what is can come action to what change can be brought. Ms Soreng shares how inspiration can be taken from Adivasi community who lives in ecological balance and harmony. A beautiful message from Sister Gayatri from Brahmakumaris. She shared how Meditation and spirituality plays important role in restoring nature. She shared the idea of breathing peace. The awareness in which we breathe also has a great impact on five elements of nature.

We also had many comments and questions from the youth participants. The evening ended with a collective meditation and silent reflection.





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7<sup>th</sup> Nov

10:00 – 10:45 am

# YOUNGO and Climate Action

Meet Heeta Lakhani,  
Global Focal Point for YOUNGO,  
the official Youth and Children  
constituency for UNFCCC.  
Discussion followed by Q n A .



Young and dynamic leader, Heeta met the youth in LCOY 2020 India. She explained to the participants what is YOUNGO, how it functions and Why it is important for youth to be part of this great movement. She also shared various ways in which youth can contribute in ongoing various levels of Climate Actions. She also shared her life changing experience of childhood which gave her a motive for striving for environment and dedicate her energy in the field of environment. Today as a Global focal Point for YOUNGO She is constantly working towards motivating many youth to become major stakeholders in climate actions. She also shared her greatest virtues supporting all her activiosm are compassion and understanding.





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7<sup>th</sup> Nov

10:50 am

- 12:00 noon

## EXPLORING RIGHTS OF PEOPLE AND RIGHTS OF NATURE IN PRESENT TIMES



**Sreetama Gupta**  
Oxfam India



**Payaswini Tailor**  
Expert sustainable  
agriculture and gender  
justice



**Maharishi Dave**  
Director & CEO,  
FarmBridge Foundation

Payaswini, Maharshi and Sreetama threw light on nature's right and its impact on human rights. Just like we humans have a right to live, right to exist and right to flourish similarly nature too has a right to be, to evolve, to flourish and to be treated with respect. By abusing nature's rights, we inadvertently, sooner or later, compromise on human rights too since nature and us humans are not separate but in-fact part of the whole and one affects another; defending nature is defending self.

They shared many simple but interesting solutions to our negligence caused damage to nature. They also invited youth to become the leaders of actions, leaders of today to shape a better tomorrow.





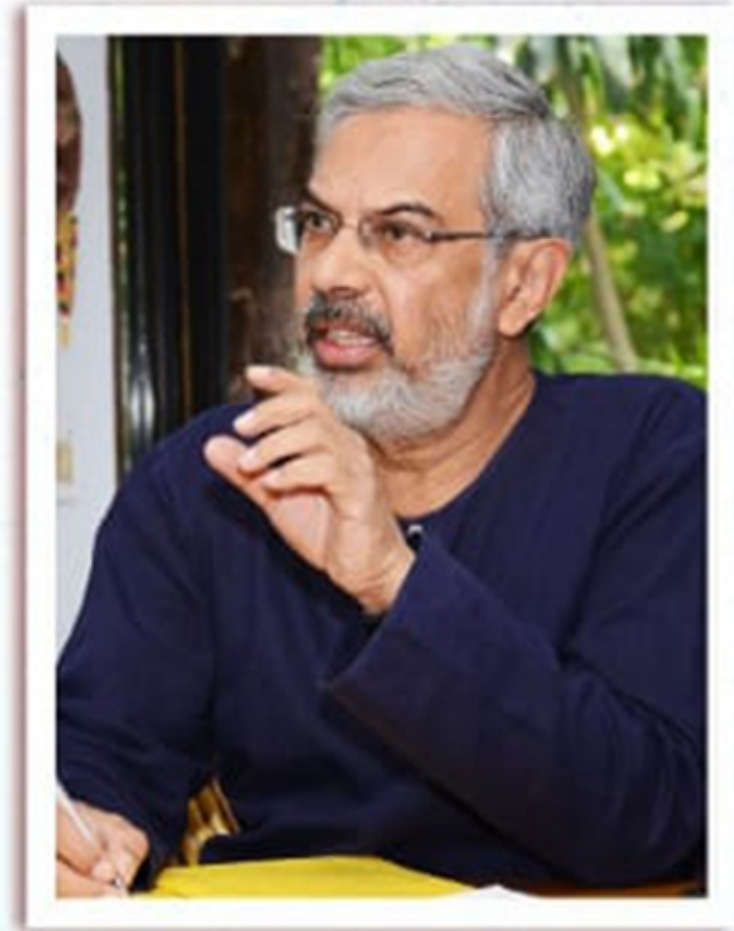
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7<sup>th</sup> Nov

6:20 – 07:00 pm

## Education & Restoration...Lets Explore

Meet Padma Shri **Kartikeya Sarabhai** one of the world's leading environmental educators and a dedicated community builder. He is currently vice-chairman of the Indian National Commission for the (IUCN) International Union Conservation of Nature. He also led the first international conference on the UN Decade of Education for Sustainable Development. He received the Tree of Learning Award from the IUCN in appreciation of his contributions to the field of environmental education and communication. The Indian Institute of Human Rights has presented him with the World Human Rights Promotion Award.



A world renowned Environment Educationist, Padmashri Kartikeya Sarabhai, was an inspiring motivating and extremely lively expert to interact with the participants. Meeting him was one of the best treats of this 3 days event, as shared by many participants in their survey form feedbacks. He appealed to the youth to become more aware of what they are consuming, to become more aware of their lifestyle and its impact and to apply it to their respective spheres of life. He also mentioned that developing a wise eye for environmental impacts starts with the self, as taught by many spiritual institutions like Brahma Kumaris. He also shared that Environmental education has to start from a grassroot level and also from early childhood. Moreover a change in the ideology of the society is only possible when the ideas that are being taught in school are sustainable enough to sustain the future.





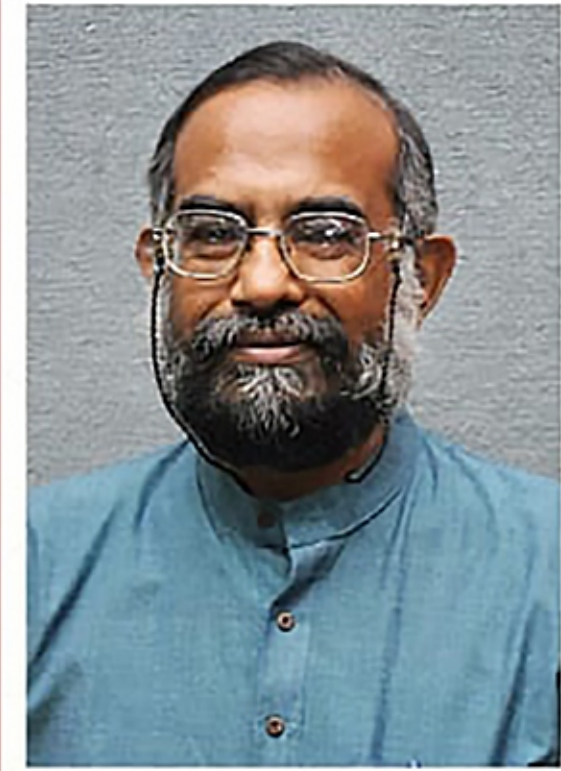
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8<sup>th</sup> Nov

10:00 – 10:50 am

## Building community resilience in the face of global crises

Meet **Ashish Kothari**, an Indian environmentalist working on development, environment interface, biodiversity policy, and alternatives. He has been associated with peoples' movements like Narmada Bachao Andolan and Beej Bachao Andolan. He has been a member of Steering Committees of the World Commission on Protected Areas (WCPA) and IUCN Commission on Environmental, Economic, and Social Policy (CEESP) from 1998 to 2008. He has also been a co-chair IUCN Inter-commission Strategic Direction on Governance, Equity, and Livelihoods in Relation to Protected Areas (TILCEPA) from 1998 to 2008. Ashish Kothari has also served on the steering group or governing board of the CBD (Convention on Biodiversity) Alliance, the ICCA Consortium, and Greenpeace International. At present, he is the chairman Greenpeace India's Board.



Ujas inaugurated the session by inviting Expert speaker Mr. Ashish Kothari ji. His session began with the pictures of present global crisis in terms of environment, ecology. Ashish ji explained how our idea of development has exploited the natural resources. He explained how covid is a result of our past actions on environment and how this situation has become an excuse for more authoritarianism and corporate profits for some people. Then the session took a turn as we discussed on how the same problems could turn into opportunities and how can we build a sustainable world. What are the practical alternatives available to create a balance between technological development and nature. Ashish ji gave many such practical examples wherein how Adivasi's have been working on sustaining the forests in central part of India. Another example discussed was of Kutch, where people decided to produce all required grains, millets and produce all basic groceries within their village so as to reduce the purchase from market and be more self reliant. Ashish ji provided a 5 interconnected and integrated sphere diagram for sustainable and equitable society. This included ecological resilience and wisdom, radical democracy, economic democracy, social justice & well being and cultural and knowledge diversity. At the end we had very interesting questions from participants like what do you think a youth can do to help environment. Ashish ji explained how our everyday choices, food consumption patterns affects the environment. He also answered to a question that children can become great influencers for action but for that they need gaurdians and parents who are self motivated towards the sustainble life style.





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10:50 am

- 12:20 noon

## SUSTAINABILITY AND INDIAN CRAFTS



**Avni varia,**  
Heritage Professional



**Vivek Ahalwat**  
Managing Director  
Indian Exposition  
Mart Ltd



**Lalita Krishnaswami**  
Self Employed Women's  
Association, Ahmedabad



**Shripal Shah**  
founding partner  
of ASAL



**Khushboo Mathur**  
Marketing Specialist at  
AIACA



**Praveen Chauhan**  
CEO & Founder  
- MATR

The panel that was very rich in their experience in Indian Craft shared how Indian Craft can be sustained and grown. Given that Indian Craft being so diverse across the Indian States is an asset for us and how we all should buy from these local artisans which will also provide livelihood for so many men and women in this country. It's about going out there and exploring what all is available in your region. Using local handicrafts is also really good for the environment. The more closer is the source of the handicraft less is the resource consumption during the overall product life cycle. Panel also highlighted the therapeutic effect craft has on the mind and how anyone and everyone can participate in it.

The best aspect of this panel was that all the experts were in direct touch with craftsmen from very simple and underprivileged livelihoods. Sharing their pain and anxieties of these craftsmen, they voiced out strongly to youth that think global by acting local.

Accepting local with dignity is the right thing in the time, and only this can be a very simple solution to the rising crisis.





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6:20 – 7:00 pm

## CONSCIOUSNESS & CLIMATE



**BK Shrinidhi**  
BRAHMA KUMARIS  
ENVIRONMENT INITIATIVE



A session titled Consciousness and Climate Action – Call of time was conducted by BK Shrinidhi. In this session, what consciousness is and the relation between consciousness and climate action was explored. To take care of the environment, one needs to first take care of oneself. How much power our thoughts have and how we can harness this power to bring about a change in the environment was explained. He shared many examples including a nice video of Brahma Kumaris Environment Initiatives and how they are all been successfully working with this awareness that every thought matters.

A beautiful quote by Shrinidhi summarizes this - “What I think is what I become.” Change begins with oneself and this in turn reflects in the environment is what was learnt from this session.





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5:00 – 6:15 pm

## INITIATIVES OF RURAL COMMUNITIES IN RESTORING NATURE



**Archana Soreng**  
VASUNDHARA ODISSA



**Rajita Kurup**  
OXFAM INDIA



**Y. Giri Rao**  
VASUNDHARA ODISSA



**Sreetama Gupta**  
OXFAM INDIA

## FIVE PARALLEL WORKSHOPS

### CLIMATE FRIENDLY LIFESTYLE



**Dr. Priyadarshini Karve**  
INNOVATOR & ENTREPRENEUR,  
BIOMASS ENERGY AND ORGANIC  
WASTE MANAGEMENT



**Pournima Agarkar**  
ENVIRONMENT SCIENTIST



**REVIVING  
GLOBE WITH  
HUMANITY**  
  
**Bhargsetu Sharma**  
FOUNDER,  
HUMANS WITH HUMANITY



**INDIC  
SUSTAINABILITY  
FRAMEWORK**  
  
**Prajna Cauvery**  
PROGRAM DIRECTOR,  
ANAADI CREST AND FORMER  
UN GLOBAL SCHOOLS  
AMBASSADOR



**TRANSLATING  
KNOWLEDGE  
INTO ACTION**  
  
**Aditi Kale**  
INDEPENDENT RESEARCHER  
AND SCIENCE WRITER





## ZERO WASTE : CHANGING THE NARRATIVE ON WASTE MANAGEMENT



**Priyadarshini Shreshtha**  
TEAM LEADER  
WWF-INDIA KHANGCHENDZONGA  
LANDSCAPE

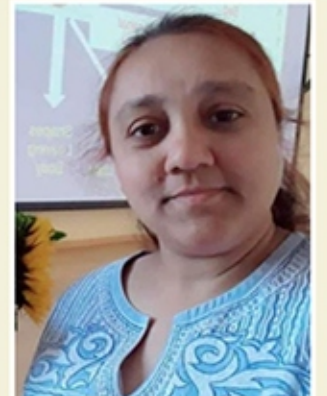


**Roshan Rai**  
DEVELOPMENT WORKER  
DLR PRERNA

## FOOD, HEALTH AND N3 - NEXT NEW NORMAL



**Priyanka Mephawat**  
EDUCATIONIST AND SPIRITUAL  
COUNSELLOR



**Shivali Upadhyay**  
Global Hospital

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## FIVE PARALLEL WORKSHOPS

### RE-IMAGINING OUR INCLUSIVE CITIES AND TOWNS

**Shashank  
Mittal**

EQUITABLE SPACE DESIGN



### CLIMATE FRIENDLY LIFESTYLE



**Sister Krishna**  
RADIO MADHUBAN



**RJ Arushi**  
RADIO MADHUBAN

### CIRCULAR ECONOMY & DESI CRICULAR SOLUTIONS

**Prajna  
Cauvery**

PROGRAM DIRECTOR, ANAADI  
CREST AND FORMER UN  
GLOBAL SCHOOLS  
AMBASSADOR







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COMING  
SOON

# WHAT's NEXT ...

Team **LCOY 2020 India**,  
will soon bring a series of **18 Episodes** of  
Restoration Dialogues, Workshops and Activities.  
Stay connected to our Social Media channels.



<https://www.facebook.com/LCOYIndia2020>

for more details and joining the Whatsapp group kindly email to

[lcoyindia2020@gmail.com](mailto:lcoyindia2020@gmail.com)