



# *ECO Programs in Chile - November and December 2019*

*Sonja and Golo visited Chile as part of the preparation for the planned UN climate change conference COP25. The conference has meanwhile been moved to Spain due to civil unrest. They conducted programs in the main center and in Viña del Mar and experienced a growing interest in climate change and how to link spirituality to such issues.*



*Golo shared about the present environmental state of the world, what Brahma Kumaris is doing in the area of renewable energy and finally how our thoughts and awareness are connected to the world. The message that meditation is essential for creating a new world in harmony was received very well. Sonja presented the 10 ways to change the world and how our positive values can help shaping our daily decisions.*

## 24TH NOV. A WORLD IN TRANSITION, SANTIAGO





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23TH NOV. COP TEAM MEETING, SANTIAGO



## **Sharing Experiences**

*"It was interesting to meet them because they are special people, they are a light for the world and contributing to a change in the planet, very intelligent and if by language I did not connect verbally, I felt happiness that they were here. We were given this beautiful opportunity to get together as a family. You are welcome back to Chile to share the experiences of COP25."*

Marisol Soto



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25TH NOV. HEALTHY MIND, HEALTHY PLANET  
VIÑA DEL MAR





## Some points from the presentations

~ For any changemaking process three questions need to be considered: Where are we? Where do we want to go? How to get there?

Where are we? Fast changes in climate change, loss of biodiversity, political upheaval etc. Sea level rise and drastic changes in the weather in the horizon. Forests burn and coral reefs dying.

Where do we want to go? We all want a beautiful, just and balanced world.

How to reach there? Raise Awareness, change in lifestyle, reduction of carbon footprint, use renewable energy and finally a bit of magic – to become a healer.

~ Meditation increases your social competence and emotionally intelligence, relaxes, improves health.

~ In an increasingly polarized world, focus on positive values plays an increasingly important role. They will help me to stay an enthusiastic changemaker. They will help me to keep my heart open in a world where hearts close more and more.

~ Brahma Kumaris have identified 10 values which connect the inner world with the outer world. The stronger I am on these values on the inside, the bigger role they will play on the outside.





Thanks To Brahma Kumaris  
in Chile and especially to  
Santiago Center.



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