



BRAHMA KUMARIS

reporting in pictures

# STATISTICS

# COY

NOVEMBER 2019

# India

3 days

306 registrations  
196 Youth  
15 observers

## PARTICIPANTS

59.8 % Male

40.2 % Female

60.1 % Students

35.9 % Professionals

05 % Social Workers

07.8 % LCOY alumni

92.2 % First timers at LCOY

18 Experts

9 Workshops

6 Lectures

2 Field Trips





## Morning exercise

Participants enjoyed a energetic beginning of the day with exercise, yoga and meditation.

A healthy body together with a healthy mind is capable enough to heal the planet.





## Inauguration of LCOY 15 India on 2nd Nov 2019.

Inauguration ceremony was with Mr. Prabhjot Sodhi (Senior Coordinator, UNDP India), Mr. Akash Vashishtha (Advocate Supreme Court of India, NGT {National Green Tribunal} and Yamuna Project), BK Mruthunjaya (Executive Secretary Brahma Kumaris).



Total participants 196 (youth) 15 (Observers) from every part of India were present.





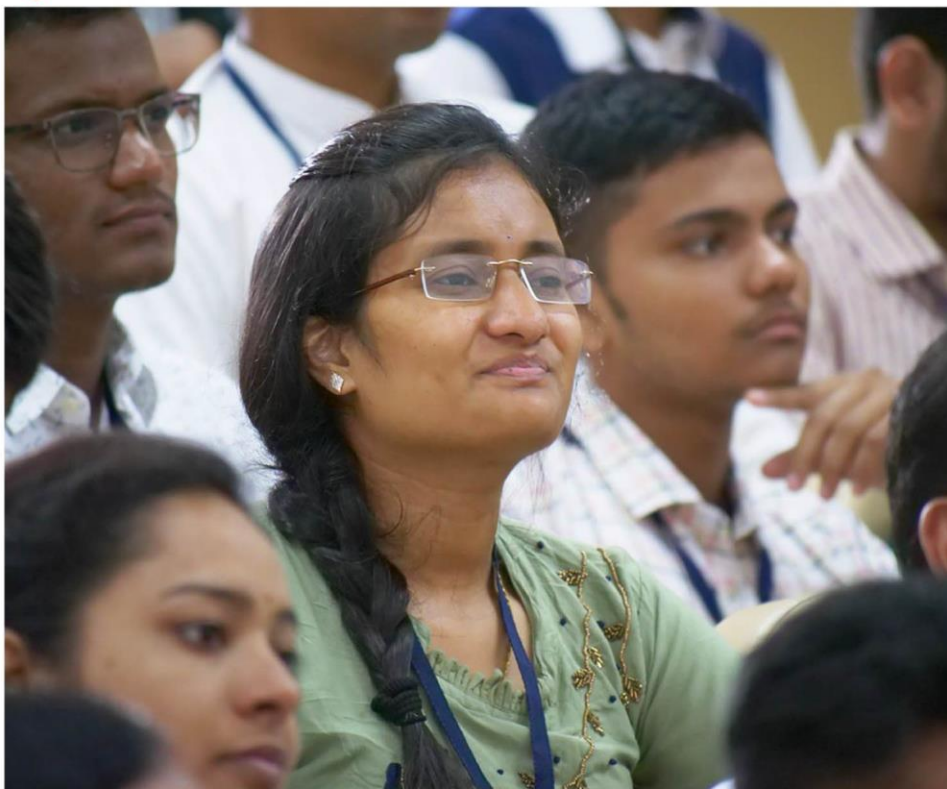


▲ **Mr. Prabhjot Sodhi**

(Senior Coordinator, UNDP India)

Explaining the value of plastic waste and the importance of segregation of waste.

These sessions helped participants learn more closely about sustainable initiatives.



Dessertification, creation of Additional Carbon Sinks  
**Mr. Akash Vashishta** (Advocate Supreme court of India  
& Founder Trustee, Social Action for Forests &  
Environment) ▼



▲ My Evolution for Revolution, - **Ms. Priya Chawla**  
Board Member IYCN (Indian Youth Climate Network)



## Communicating Climate Action and Challenges

Workshop by Radio Madhuban (Community Radio Station)

The participants were divided into a small group of 8. Each group choose one Indian festival and reflected on the consequences and actions to be taken. they presented their ideas and discussion in a creative way like Media debate, skit, drama, Radio Reporting etc.

### Out Come:

1. Environmental products should be available at cheaper rates.
2. Competition & comparison should be replaced with inclusiveness and happiness in the festivity.  
Be more compassionate towards animals and children and don't burn crackers
3. Respecting environment is respecting the nation
4. Give echo friendly gifts instead of plastic items to near and dear ones
5. Use edible and natural colors instead of chemical colors.
6. Respect women in life instead of worshipping idol.





## Climate Change Adaptation in Agriculture through Reverse Migration

- Mahrishi Dave, Farm bridge

Climate Change due to Global Warming is one of the burning issues on the planet. Yet, a common man has methods & tools to protect himself/herself from extreme heat, cold and rains caused due to global climate change. But very few people in the world actually sensitize with the fact that the food security is at highest risk in this situation. The workshop aimed at training the aspiring GenY leaders about the seriousness of the issue and the tools that a farmer needs to be aware of for saving crop from extreme atmospheric conditions.



We made the participants to project their ideas/perceptions creatively about Indian Agriculture in separate sheets before the workshop and their learning once the workshop was conducted. We were satisfied with the learning of the participants. Their bright minds unfolded many ideas of the methods of spreading education among the Indian Farmers about about the techniques of Climate Change Adaptation in Agriculture.





## Walking for Peace and Climate Justice

Facilitated by [www.JaiJagat2020.org](http://www.JaiJagat2020.org):

Mr Aneesh Kumar Keloth Kaitheri, Mr Moshin Khan, Ms Suruthi Madhu Naidu  
and  
People Development, Canada: David Fletcher and Debbie Castle

Objective: to introduce LCOY participants to Jai Jagat 2020, an Indian Social Movement walking from Delhi to Geneva over 12 months to demonstrate the power of standing up (conviction) and walking (determination) for peace and climate justice.

Participants were invited to play theatre games by standing and then walking around the room to demonstrate their conviction and their determination to advocate using ahimsa, for peace and climate justice. Two of the youth walkers then spoke of their inspiration to join the march and answered questions about their experience especially for the female walker.

Learning Outcome: Participants left inspired by the awareness raised of this ambitious act of standing up and walking such a long distance for a cause they believe in. A network of knowledgeable contacts was established about the Jai Jagat march which will raise issues of climate justice at the UN in Geneva in 2020.





## Compassionate Living

Stephen Berkeley

Manager Organizational Development, Global Hospital & Research Center

Compassion is the key to any action that aims to bring peace, stability and Healing to the planet and others.



To understand the foundation of sustainable lifestyle that is compassion, Mr. Stephen and his team brought many joyful activities to the platform and provided concrete essence of the topic which could be easily evaluated and experienced by the participants.

There was a survey in connection to the session "Compassionate Living". The aim of this survey was to enable one to reflect on their own journey as a compassionate being, and find out what is it that they already practise.

It helped us to understand what is it that the LCOY group is already doing as part of compassionate living towards the self and towards the environment.





## Workshops By Brahma Kumaris Environment Initiatives

The workshop on Climate Change and Consciousness that took place during the LCOY15 at Brahma Kumaris, was aimed at increasing the awareness and understanding how our minds impact the current world in the time of anthropocene epoch and thus what methods and tools we can use to change the self and through that, make a positive change to the Earth.

The workshop included the introduction and explanation on universal, spiritual laws, such as the connection between the inner consciousness and outer word – the importance of pure intentions and determined thought, the cycle of time – natural hope for the day after the night.

There were number of meditation experiments during the given time, when participants could experience and practice the moments of relaxation and creation of positive thoughts for the self and for the world.

### Climate and Consciousness

BK Aneta

Brahma Kumaris Environment Initiatives (BKEI)

### Sustainable Yogic Agriculture Initiatives

Rural Development Wing (RERF)





## India One Solar Thermal Power Plant

The main practices encouraged during the workshop, to be taken away by the young participants, were about the inner empowerment through meditation; simplifying the life by conscious choices, adopting vegan lifestyle and having positive attitude, no matter what. One of the examples of such a consciousness and vision was India One Solar Thermal Power Plant, an innovative, research and development project for 24 x 7 power generation using solar energy. The project was then visited by all participants, who were able to see practically the effect of unlimited and positive mind for the benefit of the nature and people.

### FIELD VISIT





## A trip to Sustainable Yogic Agriculture Model TAPOVAN

100 Acre farming land where Sustainable Yogic Agriculture is being practiced, where along with traditional organic methods one uses the power of positive thoughts and pure energy of Meditation in every step of farming resulting in better yield. A lot of research is going on in many Agri universities on this.



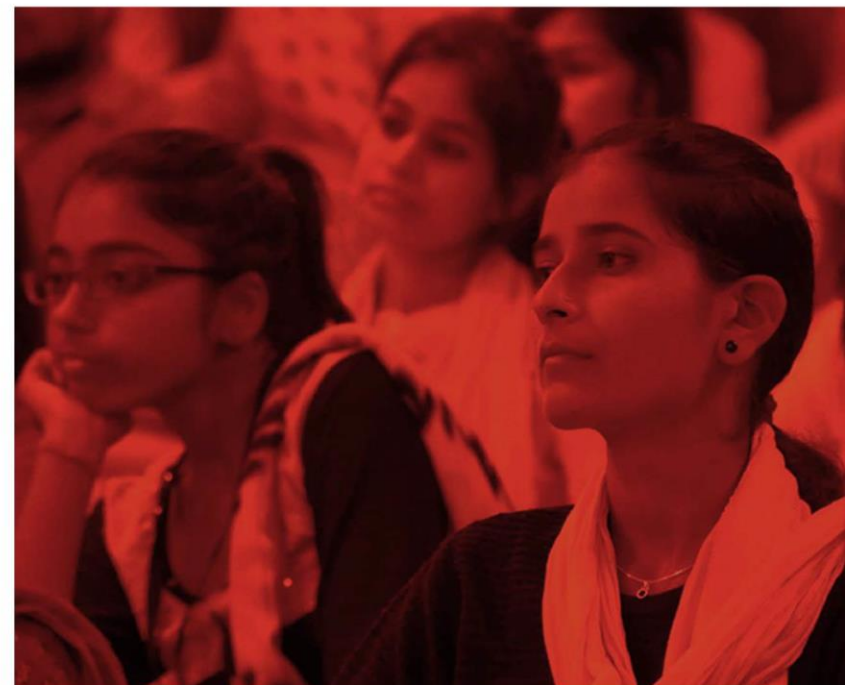
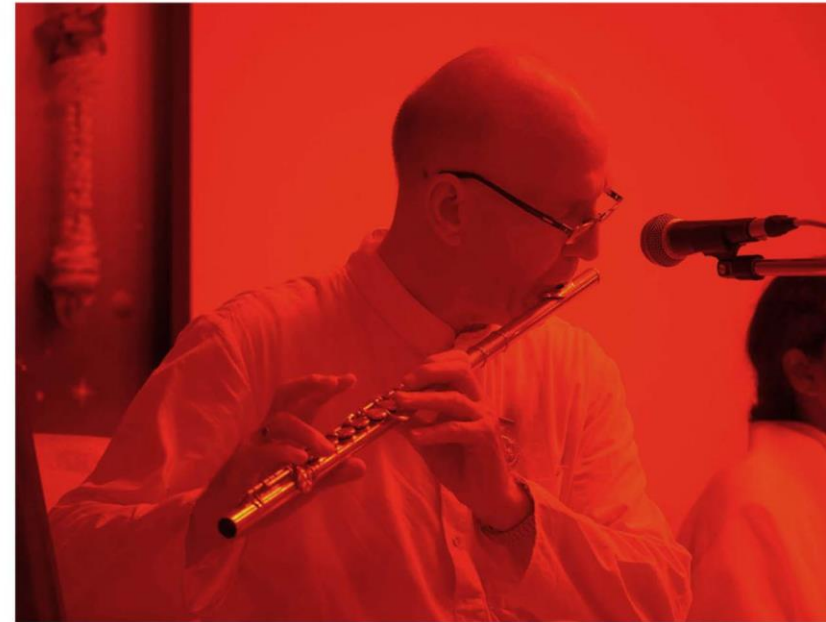
FIELD VISIT





## MEDITATION in MUSIC for the PLANET

There was lightness in the atmosphere as after the visit everyone enjoyed some hot snacks and music by participants. Later BK David created a silence space with beautiful soulfull music for everyone to meditate for the planet.







## WORKSHOPS

### 1. How Good Friend Am I to Water ?

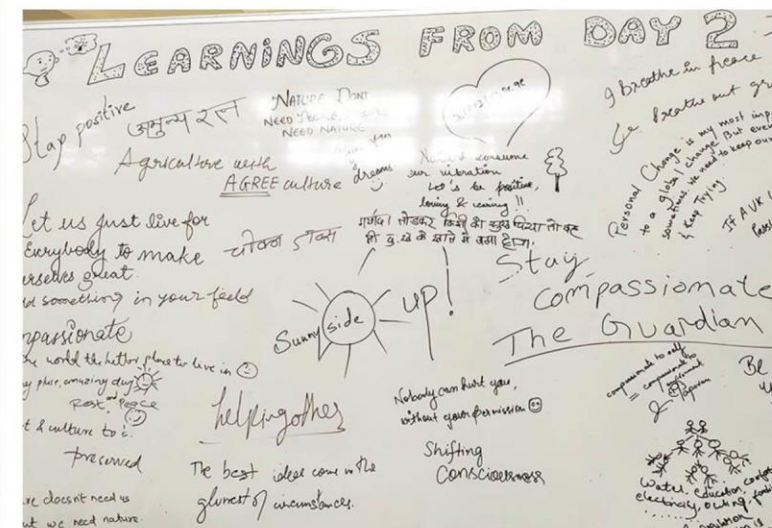
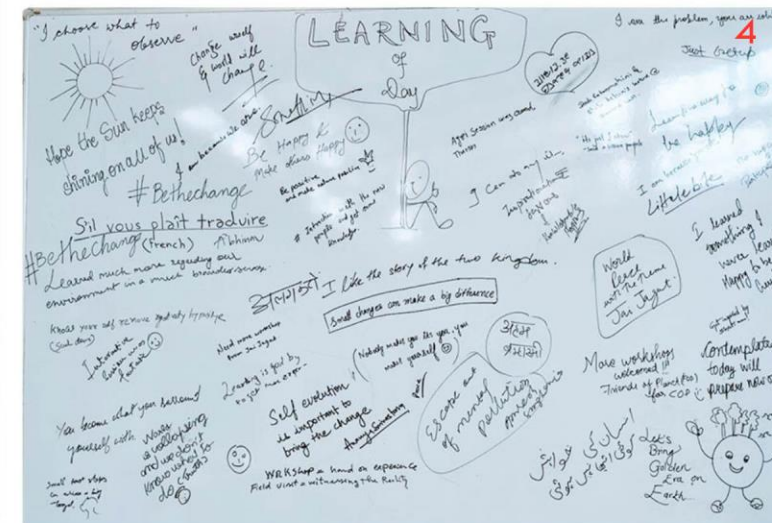
Mr. Mohit Sibal, Vice-President & Global Head of Water, Shapoorji Paloonji International, Abu Dhabi

### 2. "Responsible Consumption & Zero Waste Conscious Living"

(Vedic Ecology) Prajna Cauvery, Anaadi

### 3. Working group Discussions on Different Thematics

### 4. Learning of the Day Board





## WORKSHOP

### Solid & Liquid Resource Management

Mr. C. Srinivasan, Project Director, Indian Green Service, Vellore



## WORKSHOP

### Journey & Exploration through Indian Heritage Art for Sustainability

Ms. Avani Varia,  
Founder, Aadhar





▲ When Present learns to spin the future  
with help from the Past.

▲ Participants expressing at the Talanoa session

Fun and Learn







## Glimpses

**LOVE** the **PLANET** as I **Love** Myself,  
as I love my Family and Friends, is the **realization** that can bring a shift in the mindset of people and thus shifting their day to day choices. **Choices** will change the Actions and **Actions** will **Change** the **CLIMATE**.  
**That is CLIMATE ACTION.** The action I Take for my Climate.







TOGETHER WE ARE CLIMATE ACTION, WE ARE LCOY 15 INDIA

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