

Spirituality and Environment Open Dialogue Brahma Kumaris, Moscow, October 2017

Spirituality and environment was the topic that professionals of different spheres of life have chosen to discuss during a friendly get-together in the Brahma Kumaris Centre of Spiritual Development, Moscow, in October 2017. This year was declared as the Year of Ecology by President Putin to burst the interest of people in the problems of environment in Russia especially. All the speakers agreed with the focus on human values and transforming character to make any positive changes in environment sustainable. The participants started with monitoring their own inner climate by giving answers to a few questions. It helped to break the ice and start an open dialogue based on life experience.

Eco-friendly way of living is a question of being mindful of consequences of human actions and creating eco-character that allows a person to change everyday behavior on the basis of spiritual attitude and vision. It is not as easy as it sounds. It is much deeper than it seems to be. This is a matter of conscious choice, of walking the talk.

Among the speakers there were:

Vladimir Jangirov, Vice-President of the International Fuel and Energy Association;
Alexander Semeniy, General Director of the Medical Centre "Image of Health";
Natalia Dezhnikova, Professor, Head of the Department of Environmental Education of the Russian Academy of Education;
Lyubov Gordina, President of the Spiritual and Ecological Assembly of the World;
Irina Novozhilova, Journalist, President of the Center for the Protection of Animal Rights;
Eduard Borisov, Associate Professor of the Moscow State Technical University, the author of series of books «The Modern Idea of Health. The Vision of West and East»;
Yuri Markov, General Director, Recycling Firm "Garbage Truck";
Svetlana Savina, Director, the Center for Security of Education "Strategy" and others.



They have shared their ideas, statements and suggestions for changing people's mindsets to create a more sustainable and eco-friendly way of living by returning to the roots and creating a new awareness of purpose in life. «We should not preserve our planet with the purpose of taking more and more for ourselves. We have to do our

best to simplify our life now and to donate life energy to all the living creatures on Earth for laying a foundation of harmony for the future».

Dr. Vijay Kumar, PR Coordinator of Brahma Kumaris in Moscow, could combine ancient knowledge with modern science while sharing his ideas. «Ecology is the science of home. How do we feel ourselves, conscious entities, living in our home? The first home for a soul, a life-giving energy, is its own body. The second home is a family. Then the society, the state, and our common home that is the Planet Earth. Finally, the home that is beyond the physical dimensions, beyond sound, where the soul is in its original state of absolute purity and perfection. Having reached our original state, we, the souls, will be able to grant cleanliness and perfection to the Planet Earth. For this we need to believe in the self, in our inner purity, and our eternal connection with God, the Creator of a perfect world».



Sounds of the song «Golden Way Home» took everyone beyond space and time to the world of silence and purity. All the souls are destined to return to this perfect world in their original state of fullness in order to come back with the new life-giving energy onto our renewed Planet Earth. We believe that people are able to make their characters eco-friendly. The only thing they need is a pure desire to live in peace and happiness, abundance and love. For this, everyone has to make his or her own step towards the dream to make it a reality.