Awakening the Dreamer Workshop in Quito, Ecuador December 19, 2015

The Brahma Kumaris and the Pachamama Alliance collaboratively presented the Awakening the Dreamer Workshop at the Brahma Kumaris Center in Quito, Ecuador on December 19, 2015.

Ana Cecilia, Quito Meditation Center coordinator, opened the event with words of blessings and inspiration. The Awakening the Dreamer Workshop was facilitated by Pablo Barriga of the Pachamama Alliance in Quito and Gordan Lawrence and Elizabeth Padilla from Brahma Kumaris, San Francisco, USA. Spanish translation was presented by Gabriel from Brahma Kumaris, Guayaquil, Ecuador.

Using documentary videos, dialogue, sharing, meditations and exercises participants discover, awaken and move through four questions: Where are we? How did we get here? What is possible now? Where do we go from here? The common mission is to create an environmentally sustainable, spiritually fulfilling and socially just world.

Participants were deeply moved by the experience of the workshop. The group discussions were deep and sincere. The workshop and videos reveals the delicate state of the world with eye opening statistics and interviews of the most renowned specialist. But it doesn't leave you there. With guided meditations and inspiring inquiry the workshop leaves the participant with a vision of hope and power to create a new dream for the planet and humanity.

For more information and for access to all the materials visit: <u>pachamama.org/bkwsu</u>







