



Dear BK Eco Friends

Welcome to the first edition of the green newsletter in 2018! You can read a beautiful variety of topics: cleaning, healing, Madhuban, Miss Vegetarian, awards, EU Green Week and more. We have long-awaited news from Russia, great to hear from you again. UK Eco Friends present an e-book on natural cleaning - maybe time to declutter and do a clean out? The BK's in Thailand are embracing the Green Angel and dedicating 2018 to "Healing the world through Silence".

Congratulations to Radio Madhuban - they received the "Rajasthan Energy Conservation Award 2017! Welcome to the Green Day in Madhuban on 8th March! The detailed program is further down in the mail.

BK Environment News Editors - Arnold, Peter, Sonja

Time for Spring cleaning? News from Joanna and the UK Eco Friends:

In the UK, we are moving ahead with a number of different projects. The practical research of the GCH Eco Friends into **natural cleaning materials** has been completed and you can download the <u>E-book for Natural Cleaning here</u>. Thanks to George from Australia for putting the finishing touches to the design. We distributed an A5 version of it at the UK teachers meeting earlier in January. We are also offering an Intro to BK Eco Initiatives and Environmental Awareness for BK students to all BK Centres. Mike Hudson will be running these with help from others. The Eco Team in London have been working hard to source biodegradable tableware for large events such as Rakhi. Maria in particular is doing a fantastic job in following this through.

The next UK wide project is to have 'Green Champions' in each centre. We hope to introduce this idea at the next UK Teachers meeting.



Rajasthan Energy Conservation Award 2017

रेडियो मधुबन को ऊर्जा संरक्षण 2017, उर्जा विभाग राजस्थान सरकार The award was given in recognition of Radio Madhuban's effort to create awareness about energy conservation around Mount Abu. See the report and photos (mobile friendly)

10 Ways in Thailand

Bangkok Center will focus on the Green Angel in 2018. The inauguration took place in December with the overall theme <u>"Heal the world through silence"</u>. The main inspiration is "10 ways to change the world" and it will serve both the BK centers and the local community.





UNEP, Nairobi, Kenya

The third session of the UN Environment Assembly took place in Nairobi from 4 – 6th December 2017. Its aim is to strengthen and upgrade the UN Environment Programme (UNEP) to be the leading global environmental authority that sets the global environmental agenda. Brahma Kumaris actively participated in this meeting.



From Russia, thanks Irina and Elena

We have 3 new reports in <u>Russian language</u>
<u>Spirituality and Environment</u>, Open Dialogue, Brahma Kumaris, Moscow,
October 2017

<u>Miss Vegetarian</u> - This delightful competition was organised to promote vegetarianism in Russia. The Brahma Kumaris did well!



Madhuban 8th March -

Your Green day with Mother Earth including Disaster Preparation

Welcome to a journey to fine-tune your relationship with nature. We go deep into our minds and create fresh awareness of our interconnectedness with the world around us. Mind and Matter are deeply entangled and meditation with a loving heart becomes the powerful tool to heal the planet. A day with a walk, talk, art and outdoor meditation.

Program: (Registration in Madhuban)

06:00-06.45 Silent Morning walk in nature - David

10.30-12.30 Emergency preparation from a global and BK perspective - Golo

16.30-18.15 Nature and Art Healing Workshop - Sonja

20.30-21.30 Peace Concert in Dadi Janki Park - David & Co.

EU - From Brahma Kumaris Brussels & Brahma Kumaris Environment Initiative:

Once again, we can use a readymade platform to promote Baba's green vision for the future.





Promote your Green Workshops, Seminars or any creative Green activity you are already involved in or working on at: <u>EU Green Week</u> in May or <u>EU Sustainable Energy Week</u> in June. We only request that you share with us your idea – we can help you with correct logos and statements, also make a report with photos of the event that will be sent to us. Hope you can join the fun.

A final note on meditation:

The <u>Green Angel Meditations</u> are now available as one complete audio file with all 8 commentaries in one. You can also stream them on <u>Spotify</u>



Brahma Kumaris Environment Initiative

<u>Facebook Page</u> <u>Facebook Group</u> www.eco.brahmakumaris.org