# BK GOLO'S VISIT IN THE PHILIPPINES





Baba, Ocean of Yuktis, constantly inspires His children of different skills and capacities to use everything in a worthwhile way. He considers them His stewards for Mother Earth, the corporeal world, in practical ways. One extraordinary steward is BK Brother Golo, who has spent more than two decades being actively engaged in the research and demonstration of renewable energy projects in India. He was one of the official BK international speakers for Climate Change and Consciousness during the UN conventions COP 18, COP 17, Brazil Rio +20, COP 16 and COP 15.

His recent visit to the Philippines was very timely, the country being among the most vulnerable to future forseeable calamities, and with programs that presented subjects on Disaster Consciousness.

### **July 23,**

#### Puerto Princesa, Palawan

Brother Golo conducted back-to-back programs on Climate Change and Consciousness—in the morning at Abaniko house and in the afternoon at Villa de Vista Sierra.

#### July 25

#### Speakers Briefing for the August 9 Disaster Resilience Forum, Makati City

He gave a 30-minute talk on "The Urgency of Climate Change and Stepping Up Our Resilience," attended by Philippine Ambassador to Spain Philippe Lhuillier and top-level executives of Cebuana Lhuillier. The seven forum speakers included representatives from the Climate Change Commission, UN Food and Agriculture Organization, Coca Cola Foundation, Metro Manila Development Authority, and German Development Organization GIZ. Brother Golo emphasized that people should transform "consumerist" habits, espouse values, use sustainable technology to reduce the ill effects of climate change, and practice meditation to be more resilient.





## July 25 Cebuana Lhuillier Executives Session, Makati City

After the speakers briefing, the group proceeded to the Cebuana Lhuillier Headquarters in Quezon City to orient other key officers and managers on the same topic. Among those present were the chief administrative officer, chief operating officer, chief marketing officer, corporate planning group head, and chief finance officer. Only 35 attendees were expected but over 60 turned up. Brother Golo further expounded on the issue of climate change, underscoring that the "external environment" is a reflection of human beings' "inner environment." He used slides to explain the effects of thoughts on the body and the environment, and how practising meditation can transform harmful habits and tendencies. The audience was awed by a presentation of the BK solar project in Shantivan. Vegetarianism was introduced as an alternative lifestyle that has a low impact on the environment, prompting the COO to suggest "Meatless Mondays" and a no-plastic-utensils policy in the company canteens.

# July 26 Creating A Climate of Change, Cebu City

Close to 150 participants from the Advocates of Living Values Education— in collaboration with PROSEL Pharmaceutical company, Rotary Club, and Zonta Club—joined Brahma Kumaris for this special event.





## July 28 Session with the BK Family, BK Makati Center

The BK family (mainly Metro Manila) had a special session, almost two and a half hours, with Brother Golo. He recommended addressing the climate change situation in a non-conventional way, which includes the practice of meditation. He presented scientific evidence of the benefits of meditation, among them: increased social competence, deepened relaxation, improved health, increased mass of brain cells, enhanced awareness and improved habits.

## July 30

Seminar-Forum: The Urgency of Climate Change & Stepping Up Resilience Strategies Multi-Purpose Hall, Baguio City Hall

Participants included more than 200 heads of city offices, faculty members and administrators of different schools, and representatives from Soroptimist International and International Lions Club. Mayor Mauricio Domogan welcomed them to the seminar-forum. Brother Golo, as he presented the worldwide scenario of climate change, emphasized that people can still transform the situation by changing their patterns of thinking from negative to positive.

## August 1

Symposium on Power of Positivity and Weathering Criticisms, Climate Change Adaptation and the Ethics of Climate Change

TESDA (Technical Education and Skills Development Authority) Women's Center

Aside from the Climate Change
Commissioner Frances Veronica Victorio,
BK Merle Pimentel and Bro Golo spoke during
the symposium. BK Merle Pimentel conducted
a workshop for more than 200 participants to
reflect on inner climate and what values are
needed to enhance this environment. Brother
Golo again emphasized that the planet's
situation is a reflection of the human spirit.
He suggested a daily "donation" from
everyone, the affirmation, "I am a good person.
Today, I will have a good day."



Aside from all these service programs, Brother Golo brought BKs together in the different centers he visited. The Philippine family sings hearty songs of gratitude for the continuing spiritual sustenance from BapDada!