Invitation flyer for the event "For a World of Peace"

in honor of 2017 Environment Day and International Yoga Day



PROGRAMAÇÃO

14h00 / 14h30 Abertura com a meditação "Paz na Mente" (Liana Gomes, instrutora da Brahma Kumaris)

14h30 / 15h30 Painel sobre Alimentação e Consciência: Depoimentos dos jovens do Grupo Shurvir (Ana Paula Paixão e Felipe Arcoverde, instrutores da Brahma Kumaris)

15h30 / 16h00 Sorteio de livros e momento artístico

16h00 /16h30 Roda de conversa: Os cinco elementos da natureza e as virtudes (Lina Pedreira, instrutora e coordenadora dos programas "Escolha a Calma" e "Qualidade de Vida" da Brahma Kumaris)

16h30 / 17h30 Meditação "Por Um Mundo de Paz"

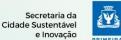
18h00 Encerramento

INFORMAÇÕES:

Brahma Kumaris (Sede Regional Nordeste) Rua Rockfeller, 80, Barris, Salvador-BA 71 3328-0863 ou salvador@br.brahmakumaris.org www.brahmakumaris.org.br











Opening



Sister Auxiliadora Sampaio Silva

- presentation of Brahma Kumaris and of the Project "For a world of peace"

Panel: **Diet and Awareness**with BKs Ana Paula and Felipe (from the BK youth group)







Sharing by a young contact, Tom, who is an athlete and has being adopting a vegetarian diet since many years





Sharing by another youth, Linda, on the attainments and realizations on adopting a conscious diet.



- . There was a meaningful attendance of youth people and general public, asking questions and making comments;
- . Video presentation showing the animals' suffering
- . It was shared some websites on how conscious diet

The main message from the youth was:

"Things become easy when you have awareness"

And also, in order to help experiencing peace and this sustainable awareness, we had three Circular Dances, guided by Dulce Sampaio, who is a BK student in Salvador



Sunflower Cycle

Dance of the 4 elements (from the indigenous people Xavantes) – it's about the integration between the sky and the Earth through the harmony of water, earth, fire and air.



Meditative dance –

"Oh Lord, make me an instrument of Your Peace."

(from Saint Francis)

$Workshop-"The \ 5 \ elements \ of \ nature \ and \ our \ Virtues"$



Explanation
on the
relation
between the
five
elements of
nature and
the original
virtues of
human
beings

There was a dynamics with the participants based on some specially designed cards with texts related to the workshop's theme



Meditation: "For a world of peace" – a one hour meditation commentary



With sister Andrea from the local BK center



Closing



In the closing moment, there was the raffle of some books related to the environment and indigenous people, from Isaías Américo Vasconcelos – public management Analyst who works for the City Hall Secretary of Sustainability and Innnovation. Brahma Kumaris has a partnership with this Secretary since 2014 for the local project "For a world of peace".