

Healing the Split

Why is it important for us spiritual people to care for political activism?

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On September 17th 2017 our local Raja Yoga meditation group took part in a big protest organized by the BUND (organisation for the protection of the environment) for sustainable and renewable energies and against the rebooting of one of the oldest and unsafe nuclear Powerstations in Europe, Fessenheim, very close to the German border in France. Across borders about 1300 people met in Breisach to show that facing climate change around the globe, it is more important to invest in renewable energy working places instead of saving old nuclear industry.



Very often spiritual people are not seen at such events, they rather stay at home on their meditation cushion and are not very interested in politics and activism. That is what they say about us. Activists on the other hand very often run into a burn-out because of not being connected to their own body, mind and spiritual wellbeing. **Sacred activism** is a fusion of both. According to **Andrew Harvey** who coined that term, it is „... a radical transforming power of compassion in action“, which roots deep down in profound spiritual and psychological self-awareness, divine truth, wisdom, courage and love. On a long term it is **the** essential power to heal the planet and its inhabitants. I think that traditional activism is not enough any more to encounter global challenges. When spiritual attitude meets inspired activism, a new form of local activism can grow, which comes from an awakened, mature consciousness and has the potential to bridge polarities of nationality, gender, political and cultural back-ground. **We only have one planet.**