

# Illuminating India

## 5000 Years of Science and Innovation

BK's at Science Museum, London - November 2017

2017 is the designated UK-India year of Culture, and the Science Museum in central London celebrated Diwali earlier in November as well as dedicating an exhibition to showcasing some of the scientific heritage that originates in India: **Illuminating India – 5000 Years of Science and Innovation, which is running from November 2017 through to March 2018.** This included the invention of 'zero'; surgical instruments; astronomy and various other aspects in which India excelled thousands of years ago.



Alongside the exhibition, the Science Museum also held other special events dedicated to Illuminating India. **BK's contributed to the India Family Weekend on 25th & 26th November. In the Basement Gallery, A variety of BK's conducted 12 'fun & relaxing' meditation sessions.** Over 100 visitors joined, ranging from little 2 year olds to grandparents, for 'om' chants and guided meditations. The sessions were held on 'magic carpets', laid out in a star formation, on which they could experience a meditative magic carpet ride. It was lovely to see them joining in and leaving relaxed.

**On Wednesday 29<sup>th</sup> November from 6pm-10pm, BK's were invited to contribute to the many activities that were being held at their monthly 'Lates' event.** The museum was re-opened for the whole evening with free access and it came alive with talks, interactive workshops and performances. This month was dedicated to anything India!

Sister Jaymini, Dipti and Br Golo met with Dame Mary Archer, The Chair of the Board of Trustees at the museum in the morning. She is a biologist and scientist in her own right and very interested in solar technology. She later attended Golo's talk, as well as



meeting Sister Jayanti and Brother Neville. At the 'Lates' event, BK's were contributing in three places throughout the museum:

**The Wonderlab Show Space**, a small amphitheatre on level 3. **Brother Golo** did two talks entitled: 'A World in Transition'. Those who attended (approx. 80) were very curious at what was shared, especially regarding the solar projects.

**The Pattern Pod, on the ground floor.** Raja Yoga meditation sessions were held. This futuristic space is usually where children experiment with different patterns in different ways.



It was transformed into a Meditation Space very effectively and **four sessions were held by Sister Maureen, Sister Jayanti, Brother Neville and Sister Jaymini.** It was very interesting how an atmosphere of silence was created in the museum which was otherwise quite full and noisy throughout the evening. Over 180 attended these sessions in all and the topic titles were:

- ***Think, Experience & Feel Loveful;***
- ***Think, Experience & Feel Wise;***
- ***Think, Experience & Feel Peaceful***
- ***Think, Experience & Feel Light and Happy.***







On the second floor, there was a BK stand where people came and learned about the '**10 ways to change the world**', with a focus on the BK environment initiative. The stand also displayed details of the research and development project for decentralised, clean power generation, with thermal storage, in Rajasthan.

