



3-4th May 2014

University College London (UCL)

Breaking down barriers and diversifying the Climate Movement

About:

Power Shift UK Power Shift UK is part of Global Power Shift – the starting point in the international climate movement that aims to strengthen, link & inspire groups/individuals to create a stronger, diverse climate movement.



Highlights from Powershift :

- About 100 people attended. Groups of enthusiastic young adults supported by (not so young) experienced players in the field

- There were many ideas floating around on how to address issues, but it seemed difficult to get all the organisations to come to one unified decision. Conclusion: We need to have solidarity and keep our individual message with humility.
- Much was planned around the Ban ki Moon US Summit taking place in NY before COP20. Youth organizations are planning to create momentum hand mobilize actions and campaign during the summit.
- A lot of the workshops were exploring methods to mobilise masses for systematic change. Until we don't reach out to the 99 we cannot win. Youth want to reach out the Community leaders and the masses.
- Each organisation present there was voicing their opinion/tackling the battle from a different angle. E.g. of causes/issues being addressed were:
 - Political: limiting factors of the EU to address sustainability issues
 - Philosophical: calling on our interconnectedness with Earth to raise an awareness of how our actions have an impact
 - Communal: ensuring that members of the community are not excluded from campaigns which are meant to empower them
 - Resistance: exploring morally justifiable resistance tactics
 - Factual: scientists explaining the reality of climate change and shedding light on misconceptions
- Many organisations were passionate about protesting towards a certain issue without helping to find a solution that would alleviate the problem. Others were proactively working with people/organisations relevant to their remit and proactively working with communities to work towards solutions.

About our Workshop:

*Inner Resilience in
Challenging times*

Facilitated by Joshita,
Navin and Romina (UK)

**Creating Inner
Resilience in
Challenging
Times**



- 16 people attended.
- We had a mix of reflective questions and sharing's on understanding our strengths and weaknesses and limiting self-belief
- Value card exercise -A link was made between the power of thought and how it then transforms into an action which then has an impact. The feedback we received was

really good. People appreciated that we were offering something different and practical. They enjoyed the reflective exercises.

-