

Why would we Brahma Kumaris join?

- We already are vegetarian; many are also vegan
- We have been part of the interfaith action for climate change for the last 10 years
- We work with & promote solar energy
- We consciously and actively practice:
 - ◆ Serving Nature and the elements,
 - ◆ Simple living & caring for all beings
 - ◆ Having an attitude of service and promote awareness raising and we wish to create a climate of hope.



The Project

Our Common Home



Earth is a blessing and She supports life and is the basis of all our economies.

She conveys beauty and evokes our recognition of something greater than ourselves.

She is our temple, our mosque, our sanctuary, our cathedral. Our home.

Our faith offers guidance on how to live our best lives.

Understanding that greed is wrong, we are called into healthy, balanced relationships that help sustain Earth as our collective home.

As people of faith, we are committing to make changes in our own lives. Together, we come to you with a call to adventure on a journey towards sustainable living. We invite you to join us in Living the Change.

Our Shared Journey



How to participate: BK Centre Events & BK Individuals



How can BK Centres can participate:

1. Via public program(s); by creating new events or re-purposing existing planned events to commit to any of the 3 priorities (*see next page for details*)
2. Celebrating with all the network from **7-14 October, 2018** with local sustainability events around the globe.

How can I as an Individual BK make a difference?

1. Submit your personal commitments on [livingthechange.net](https://www.livingthechange.net)
2. Sharing this Project with your family & friends

The 3 Priorities of Sustainable Living:

The 3 Priorities of sustainable living are actions that are really important because we need to get emissions per capita down to 2 tonnes per year by 2050 and for some of these actions we don't have easy technological fixes."

Seth Wynes, co-author of the study in the Environmental Research Letters, 2017

Eco-friendly TRANSPORTATION

What: Using a more sustainable method of transport. Move towards a car-free life, and avoid transport by airplane as much as possible.



Sister Jayanti & Valeriane participate in eco-friendly transport demonstration!

Why: Living car-free for a year saves 2.4 tonnes of greenhouse gas emissions, while each roundtrip transatlantic flight avoided saves an additional 1.8 tonnes.

Reducing ENERGY use



What: Most of the energy we use in our buildings for heating, lighting, appliances, hot water, and cooking comes from burning fossil fuels (coal, gas, or oil).

We burn them either directly or indirectly through the use of electricity. Instead, one can switch to green energy tariffs, create one's own renewable energy sources, and phase out energy from fossil fuels.

Why: Moving towards renewable energy sources can save up to 1.6 tonnes of CO2 per



Plant-based DIET

What: Transitioning from a meat- and dairy-based diet to a plant-based diet, as well as reducing food waste.

Why: Eating a plant-based diet saves 0.8 tonnes of CO2 emissions per year. This represents 4 times more greenhouse gas emissions per year than recycling. Plus, it is the most ethical approach, and also helps improve health and well-being!

Next Steps

Please communicate any program you might do as soon as you plan for it with:

valeriane.bernard@ch.brahmakumaris.org and rajesh@bkconnect.net

Next Steps