

# Living in Harmony

Brahma Kumaris Environment Initiative



## Talking Points on Spirituality and the Environment

- Brahma Kumaris work for a world of harmony and peace, where everyone lives “in ways that preserve nature’s ecological balance in an environment that is beautiful and clean”.
- We aim to create such a world based on our spiritual understanding: *our awareness shapes our vision, our attitude, our actions, our relationships and the environment.*
- There is abundant worldly evidence that the earth’s environment is deteriorating, and that there is a need for change.
- We observe nature also signaling the need for a shift of awareness and a return to the values that sustain and nurture the planet and its inhabitants.
- We recognize the need for a profound shift in awareness in order to transform the nature of current conversations and actions addressing environmental problems.
- Real change begins in the hearts and minds of people. We therefore propose that the time has come:
  - for individuals to act with conscience and treat our planet as a home, not as a commodity.
  - for individuals and communities to use inner resources to guide their response to environmental issues.
  - for all individuals and countries to take responsibility and commit to action.
- Although it will be difficult to stop or slow the forces harming the environment, we support community values through personal empowerment and inner resilience.
- We believe that adding a spiritual dimension to the existing environmental movement will enhance the clarity, calm, stability and power of activists.
- Understanding and connecting to the inner self refreshes, empowers, and sustains decision-making that yields the best outcomes.