

World Environment Day Celebrations in Mauritius by Brahma Kumaris

1. Participation in Regional Fair organized by Ministry of Environment

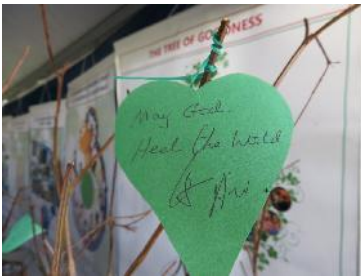
Brahma Kumaris GPH introduces Solar Cooking in Mauritius

Wow... was the first word that was uttered by many of the thousands of visitors at the exhibition stand of the Environment and Health wing of the Brahma Kumaris Global Peace House which was set up at the Regional Fair on the occasion of the World Environment Day. They were particularly amazed by the Solar Cooker Box especially exhibited for the purpose of a cooking demonstration on spot. This regional fair was organised by the Ministry of Environment & Sustainable Development and saw the participation of around 50 stakeholders on environment.

The Raja Yoga Meditation Centres of Quatre Bornes and Flacq joined hands with BKGPH to ensure a proper organisation and display of activities and services offered. The Tree of Goodness attracted visitors to ponder on how their valuable thoughts can reach and help the earth; thoughts that they eventually wrote on a paper in the form of a leaf and hanged on the 'tree of goodness'. Span over a four day period, this fair attracted thousands of visitors including college students. The space provided by the organisers, though small, was enough to accommodate a small exhibition on 'Ecologie Interieure', a display of medicinal plants and forthcoming and ongoing activities programs organised by the centres.



A variety of menus cooked on spot using the Solar Cooker Box were offered to the visitors who could not resist the invitation for a 'degustation'.



A wish written by the Minister of Environment



Children 'greening' the Tree of Goodness with their messages.



Much awaited moment when cooked food was taken out of the solar cooker.



BK guides at the exhibition stand

2. Exhibition on Ecologie Interieure at Goodlands Meditation Centre

This successful two-day exhibition held at the Goodlands centre welcomed visitors (mostly students, teachers and some parents), who learned that knowledge of the self leads to knowing how to maintain the inner ecology of the self, that is, the mind. Explanations were given by experienced guides on a series of charts which depicted how the concept of ecology starts first within with positive clean thoughts which are then translated into ecological attitudes and actions into our house, environment, village/town, country, earth and the entire universe.

Activities that were carried out also included Virtuescope, distribution of medicinal plants, writing down determined thoughts about the self and the environment on leaves and tying them to the tree, solar cooking, Yogic farming and guided meditation. Most visitors termed the time spent there as a refreshing experience because spirituality is lacking in their daily lives. Learning to preserve the interior 'ecosystem' so as to sustain the outer ecosystem has been the gist of this event.



Parabolic Solar Cooking explained to students



Guided explanations on charts by Bro Ricardo

