Meditations for the Oceans -12 June 2016 - Paris



On Sunday 12 June, following International Oceans Day, at the cine Rex, the biggest cinema theatre in Paris a team of committed people organised "24 hours to meditate for water, whales and dolphins".

Leina Sato and Paul Watson both shared with the audience the story of their commitment to the oceans, whales and dolphins and many musicians and spiritually engaged people shared perspectives and conducted reflections.

The Brahma Kumaris were invited to participate and 9 of us conducted a silent meditation for 15 minutes on stage and the experience of it was very unique and vibrant. One of the event organiser shared afterwards "in fact you were the only ones that really meditated". We also shared a message sister Jayanti had recorded for the event.

Brahma Kumaris around the world were invited to create continuous waves of light with all the people of planet earth'. And in many countries around the world such as Thailand, India Mozambique meditations were organised in the centre. There was also the possibility to follow the even on streaming.

