Simple Living Workshops

Exploring our relationship with the Environment:

Increasing awareness and restoring a positive connection with the world around us.



Stephane has a background in farming and currently works for the Dept of Waste Management and Recycling in France. He is also a volunteer fire-fighter. Stephane has been on a spiritual path for 20 years and greatly values the practice of doing things consciously. He believes co-operation in communities and having an attitude of protection both towards ourselves and the environment is an essential part of restoring our relationship with the world around us.

Currently a Business Development Manager for a financial brokerage, Romina is now in the process of transitioning into a new career in Naturopathic Nutrition which promotes a more holistic view of health. As a member of the BKWSU Green Team, she is actively engaged in facilitating processes that enhance transformational thinking in relation to the environment.



Stephane Tardy

Saturday 31st May 2:30 - 4:00PM Inner Space, 21 Broad St, Oxford, OX1 3AS Booking required

