



UN Climate Change Conference COP24 Katowice, Poland

Sunday 9th Dec.

Mind and Matter

Dorota and Aneta conducted a program in the city of Gliwice, near Katowice, on the topic of "Mind and Matter: Confluence of two Living Systems". They presented the current state of the environment and the activities of BK at COP24. Dorota elaborated on the power of thought and the impact of the mind upon matter.

The key values of hope, compassion and respect were discussed. A plant based diet was presented as the biggest contribution an individual can make to combat climate change. "India One" Solar Thermal Power Plant is an example of "walking the talk".

The program ended with a meditation. Afterwards, everyone was able to give their personal commitment for change within "A Million Good Wishes for the Earth" project.



[Logo: A Million Good Wishes for the Earth](#)



Dorota presenting at the Mind and Matter program in Gliwice

COP24 Ecumenical Service

Aneta, and Valériane participated in a special Sunday Ecumenical environment service at the Cathedral of Christ the King in Katowice. Both Protestant and Catholic priests gave a sermon on everyone changing their lifestyle and caring for creation. They read from the book of Genesis about the creation of the world. Beautiful Music was played by the Student Choir and the Orchestra of the Karol Szymanowski Academy of Music.



Meditation for Peace and the Environment

In the evening, BKs organized a powerful meditation at the civil society space ClimateHub@COP24. The meditators created a beautiful atmosphere; very different from the usual panel programs. For a moment, people had the chance to step back from their busy work at COP and recharge their mind and soul. Carolin spoke on raising consciousness through new perspectives and that meditation can change actions and decisions. Everyone was invited to write down a powerful positive thought and share it with the group. Valériane then guided everyone into a meditation on giving light and power to the elements of nature: Wind, ocean, fire, and earth. Finally, Aneta presented the initiative "A million good wishes for the earth" and invited everyone to take part.



Change of team

We say thanks to Erica and Francis from Brazil and Patricia from Peru who served in the first week of COP with engagement and dedication.



Ewa and Patricia at COP24



Ewa and Francis

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