



## Visionary Leadership to Change Hearts and Minds for Immediate Action

Through meditation, create a new mindset and initiate a paradigm shift

We all are aware that humanity has reached a critical transition where the survival of our species is at stake. Our current technology and economic model are driving the whole life system - the one we rely upon for our present and future prosperity - to extremes. Despite this dramatic outlook, the world community has yet to join hands and formulate an effective working strategy to reverse the trend.

It is the understanding of the Brahma Kumaris, a spiritual organization founded 70 years ago in India, that consciousness and awareness are at the root of our actions and therefore the current crisis. To bring stability, resilience and compassionate action on a global scale, a widespread capacity for deep and new reflection and meditation is essential. Such an inside-out approach, applied by large communities, can be the key to the paradigm shift that would allow all stakeholders to make choices benefiting the planet and the future of humanity.

We call upon the world to join us in meditation and reflection to bring a profound shift in our hearts and minds. Science and politics have to be empowered by a new mindset- a mindset based on values and ethics.

With the help of more than 7,000 centres worldwide, the Brahma Kumaris offers a wide range of free courses, workshops and conferences in order to inspire people to raise their consciousness and change their lifestyles. Besides advocating a vegetarian diet, the Brahma Kumaris and its sister organization, the 'World Renewal Spiritual Trust,' are among the leaders in India in the research and use of renewable energies; we just commissioned 'India One', a 1 MW solar thermal power plant, partly funded by the German and Indian Governments. Brahma Kumaris seeks to support and promote this much-needed paradigm shift with the help of meditation, innovative ideas and technologies.

Through meditation and a broad and clear vision of the world we seek, we hold a powerful and creative tool to move in the right direction. Together we can change this world and create 'The Future We Want'.

### Programs during COP



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|---------------------------------|-------------|--|
| <b>Thur. 6<sup>th</sup> Dec</b> | 15.00-17.30 | Side event: Building a Spirit of Solidarity to overcome the climate crisis, Room Narew   |
| <b>Thur. 6<sup>th</sup> Dec</b> | 15.00-17.30 | Side event: Raise Awareness for the Transition to Clean Technology, ENERGIES2050 Pavilion  |
| <b>Tue 11<sup>th</sup> Nov.</b> | 18.00-19.30 | Open program: Healthy Minds, Healthy People, Healthy Planet<br>Miejski Dom Kultury Koszutka in Katowice Grażyńskiego 47, 40-126 Katowice |

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